

# Chiang Mai Chiang Dao on TMT.1

▶ 5 Days



**TMT TREKKING**



# SUMMARY

## 5 DAYS OF TREKKING

Total distance: 70km

Total elevation gain: 4'400m+

## LOCATION

The Western mountain range of Chiang Mai

In the start and finish areas of TMT.1 in Chiang Mai and Chiang Dao

Highlights: jungle, pine forests, rice fields, high summits

## ORGANISATION

Transfer from / to hotel (in city center)

Drinks, meals and bars provided

Overnights in mountain villages and resorts



TREKKING  
CHIANG MAI - CHIANG DAO ON TMT.1

# DAY BY DAY

## DAY 1

Pick up at hotel & transfer to starting point (1h)

**Trekking: 15km & 800m+**

Diner & Night in bamboo huts in a Karen village

## DAY 2

Breakfast in the village

**Trekking: 15km & 700m+**

Transfer back to Chiang Mai (1h30) & Night in a hotel \*\*\*

## DAY 3

Pick up at hotel & transfer to starting point (1h30)

**Trekking: 9km & 700m+**

Diner & Night in bamboo huts in a Lahu village

## DAY 4

Breakfast in the village

**Trekking: 15km & 1'100m+**

Diner & Night in family home in a Hmong village

## DAY 5

Breakfast in the village

**Trekking: 16km & 1'100m+**

Transfer back to Chiang Mai (2h)



# HIGHLIGHTS

DAY 1 Trek in wild jungle



DAY 4 The hill-top night village



DAY 2 The Karen night village



DAY 5 The Lahu high country



DAY 3 Alongside Mae Taeng river



Chiang Dao mountains





# ACCOMMODATION

## NIGHT 1

KAREN VILLAGE

Mae Kha Piang



## NIGHT 2

VIENG MANTRA

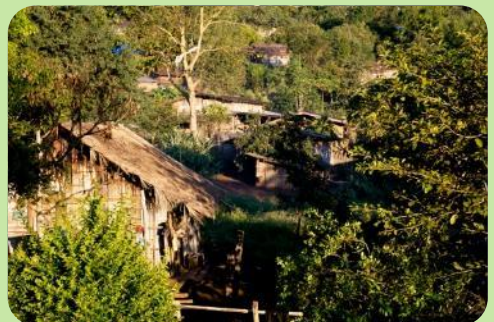
Chiang Mai



## NIGHT 3

LAHU VILLAGE

Kup Kap



## NIGHT 4

HMONG VILLAGE

San Pakhia



# BAG & EQUIPMENT

This 5-day trip includes 2 days of trekking near Chiang mai in the Karen valleys and 3 days near Chang Dao in the highest mountain of Thailand. We have to pack for 2 days; after day 2, we will come back to Chiang Mai city center; then we will pack for 3 days. During the trips, there is no spare bag allowed.

## RECOMMENDED GEAR

- ✓ Backpack (20L minimum)
- ✓ Trekking or trail running shoes
- ✓ 2 - 3 sets of clothes (pant or short pant and t-shirt)
- ✓ 2 - 3 pairs of sock
- ✓ Waterproof jacket
- ✓ A warm baselayer
- ✓ Toothbrush, toothpaste, shower gel, microfiber towel
- ✓ Swimsuit
- ✓ Slippers
- ✓ Powerbank
- ✓ Suncream and mosquito spray

It is possible to keep your main luggage at our agency in the city center of Chiang Mai during the trip. A bathroom is also available to allow you to have a shower after the trip.



# RATES & BOOKING

**THB 16'450 PER PERSON**  
Includes

- ✓ All transfers
- ✓ 5 days of trekking with a guide
- ✓ All meals, drinks and snacks for 5 days
- ✓ Accommodation 4 nights in hotel or mountain villages
- ✓ Mattress, sheets, blanket and pillow provided for the nights
- ✓ National Park fees
- ✓ Insurance

*Price doesn't include alcoholic beverage and personal food*

## PAYMENT

50% deposit for registration / 50% in cash before trip

- ✓ Transfer (at your charge)  
Mountain Trail (Thailand) Co., Ltd.  
Bangkok Bank – Kad Suan Keaw branch  
Swift: BKKBTHBK  
Account number: 531-302-2005
- ✓ PayPal (at our charge)  
Mountain Trail (Thailand) Co., Ltd.  
Email: [contact@tmt-trail.com](mailto:contact@tmt-trail.com)

*Deposit non refundable for any cancellation*



TREKKING  
CHIANG MAI - CHIANG DAO ON TMT.I



# TMTREKKING

CHIANG MAI – CHIANG DAO ON TMT.1



Discover the most beautiful trekking areas of Thailand