

# The Great Escape to Chiang Dao

▶ 3 Days



**TREKking** TREKking



# SUMMARY

## 3 DAYS OF TREKKING

Total distance: 40km

Total elevation gain: 2'900m

## LOCATION

The West mountain range of Chiang Mai

On the last part of TMT.1 near Chiang Dao

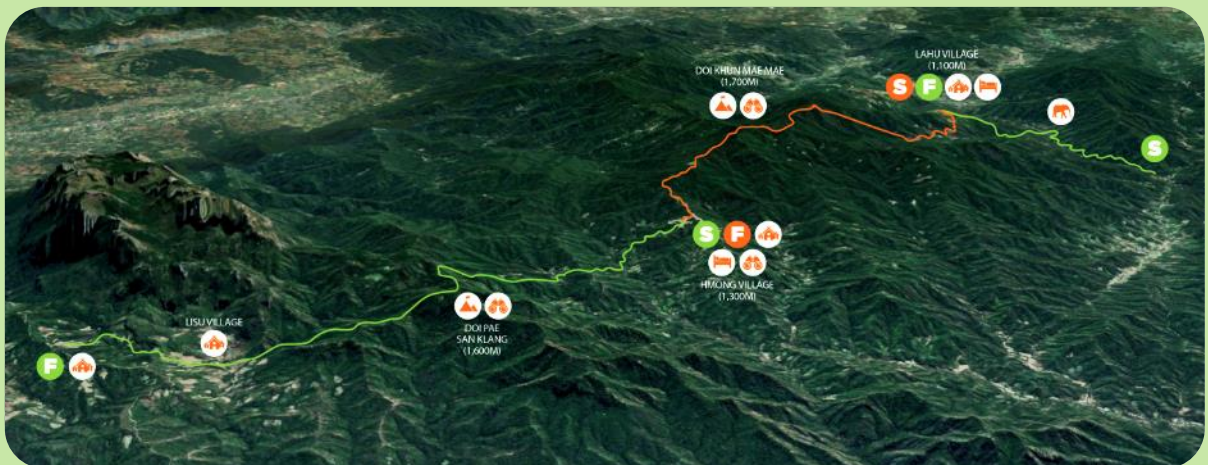
Highlights: jungle, high summits, pine forests

## ORGANISATION

Transfer from / to hotel (in city center)

Drinks, meals and snacks provided

Overnights in mountain villages (Lahu & Hmong tribes)



TREKKING  
THE GREAT ESCAPE TO CHIANG DAO

# DAY BY DAY

## DAY 1

9K & 700M+

### Sop Kai – Kup Kap (4 hours trekking)

Pick up at hotel & transfer to starting point (1h30)

Lunch by the river in Sop Kai

Finish in the Lahu village of Kup Kap (1100m)

Dinner & accommodation in a family homestay

## DAY 2

15K & 1100M+

### Kup Kap – San Pakhia (6 hours trekking)

Breakfast in the village

Lunch at the summit of Doi Pha Sam Liam (1650m)

Finish in the Hmong village of San Pakhia (1200m)

Night & Dinner in a family homestay

## DAY 3

16k & 1'100m+

### San Pakhia – Na Lao Mai (7 hours trekking)

Breakfast in the village

Lunch at the summit of Doi San Klang (1625m)

Finish in the Lisu village of Na Lao Mai

Transfer back to Chiang Mai (1h30)



# HIGHLIGHTS

DAY 1 The jungle of Sop Kai



Mae Taeng river & waterfall



DAY 2 Hill-top Lahu village



The summit of Pha Sam Liam



DAY 3 Hill-top Hmong village



Chiang Dao mountains





# ACCOMMODATION

## 1ST NIGHT

## KUP KAP (LAHU VILLAGE)

Located on a ridge, the view on the valleys and the other mountains is impressive. The village might welcome some tourists but it is still very traditional with typical bamboo houses. Accommodation and meals are organized in a local family which we have made relationship with for a long time.



## 2<sup>ND</sup> NIGHT

## SAN PAKHIA (HMONG VILLAGE)

Located at the foothill of Chiang Dao summit the view on the mountain range is wonderful. Hmong people live here from farming far from the city. TMT has a good and long relationship with the inhabitants. Accommodation is in bungalows we have built with local people. Bathroom and shower are available.



# TRIP INFORMATION

Trekking trips at TMT are real trekking trips. They are held in remote areas and high mountains on wild trails with a certain elevation gain. Our trips are dedicated to people with a minimum amount of fitness. No need to be a marathoner or an athlete but a good physical shape is recommended.

## RECOMMENDED GEAR

- ✓ Backpack (20L minimum)
- ✓ Trekking or trail running shoes
- ✓ 3 sets of clothes (pant or short pant and t-shirt)
- ✓ 3 pairs of sock
- ✓ Waterproof jacket
- ✓ A warm baselayer
- ✓ Toothbrush, toothpaste, shower gel, microfiber towel
- ✓ Swimsuit
- ✓ Slippers
- ✓ Powerbank
- ✓ Suncream and mosquito spray

It is possible to keep your main luggage at our agency in the city center of Chiang Mai during the trip. A bathroom is also available to allow you to have a shower after the trip.

# RATES & BOOKING

**THB 8'750 PER PERSON**

Includes

- ✓ All transfers
- ✓ 3 days of trekking with a guide
- ✓ All meals, drinks and snacks for 3 days
- ✓ Accommodation 2 nights in a hill-tribe villages
- ✓ Mattress, sheets, blanket and pillow provided for the night
- ✓ National Park fees
- ✓ Insurance

*Price doesn't include alcoholic beverage and personal food*

## PAYMENT

50% deposit for registration / 50% in cash before trip

- ✓ Transfer (at your charge)  
Mountain Trail (Thailand) Co., Ltd.  
Bangkok Bank – Kad Suan Keaw branch  
Swift: BKKBTHBK / Account number: 531-302-2005
- ✓ PayPal (at our charge)  
Mountain Trail (Thailand) Co., Ltd.  
Email: [contact@tmt-trail.com](mailto:contact@tmt-trail.com)

Deposit non refundable for any cancellation



# TMT TREKKING

THE GREAT ESCAPE TO CHIANG DAO



*In the highest mountains and tribes of Thailand*