

# The Karen Land of Rice

▶ 2 Days



**TREKking** TREKking

# SUMMARY

## 2 DAYS OF TREKKING

Total distance: 30km

Total elevation gain: 1'500m

## LOCATION

The West mountain range of Chiang Mai

On TMT.1 route in the Karen valleys

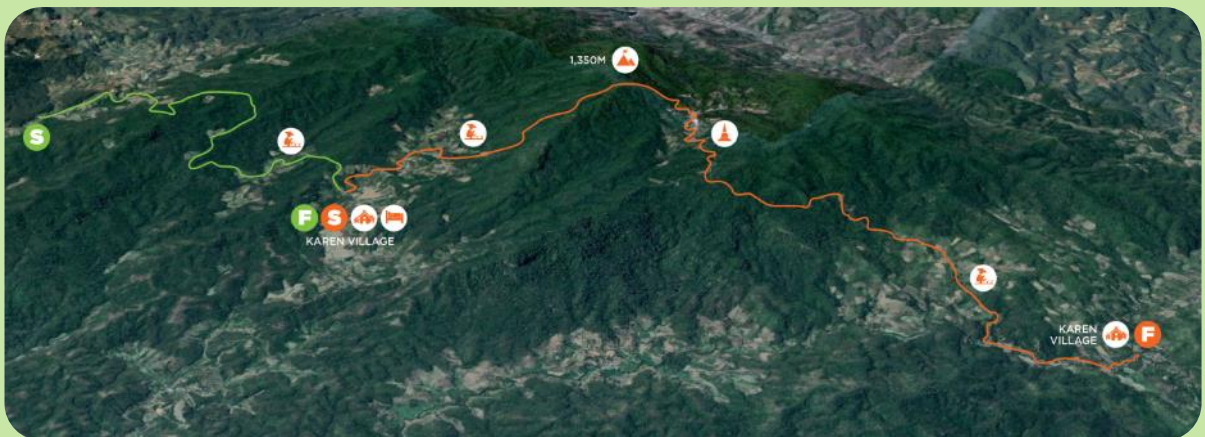
Highlights: jungle, rice fields, Karen village

## ORGANISATION

Transfer from / to hotel (in city center)

Drinks, meals and snacks provided

Overnight in a mountain village (Karen tribe)



# DAY BY DAY

## DAY 1

15K & 800M+

### Ban Sa Luang – Mae Kha Piang

Pick up at hotel

Transfer to the starting point (1h)

1<sup>st</sup> part trekking: in the wild jungle

Lunch break at mid-distance at a waterfall

2<sup>nd</sup> part trekking: in the rice fields

Finish in a beautiful Karen village

Dinner & accommodation in bamboo huts overlooking rice paddies

## DAY 2

15K & 700M+

### Mae Kha Piang – Wat Prabat Si Roi

Breakfast in the village

1<sup>st</sup> part trekking: up to the summit (1450m)

Lunch break at the summit

2<sup>nd</sup> part trekking: down to the temple

Finish at Wat Prabat Si Roi temple

Transfer back to Chiang Mai (1h)

Drop off at hotel (around 4pm)

# HIGHLIGHTS

DAY 1 Deep in the jungle



DAY 2 Karen village



DAY 1 Lunch at a waterfall



DAY 2 To the summit (1450m)



DAY 1 The 1st rice fields



DAY 2 Wat Prabat Si Roi



# ACCOMMODATION

## MAE KHA PIANG (KAREN VILLAGE)

Mae Kha Piang is a lovely Karen village surrounded by jungle and paddies. It's the most beautiful, typical and friendly village we know in Thailand. It's a privilege to stay there. Thanks to our relationships with its people, we have been able to build bamboo huts directly in the rice fields. We will eat with a local family and spend a beautiful night in a unique setting.



# INFORMATION

Trekking trips at TMT are real trekking trips. They are held in remote areas and high mountains on wild trails with a certain elevation gain. Our trips are dedicated to people with a minimum amount of fitness. No need to be a marathoner or an athlete but a good physical shape is recommended.

## RECOMMENDED GEAR

- ✓ Backpack (20L)
- ✓ Trekking or trail running shoes
- ✓ 2 sets of clothes (socks, pant or short pant and t-shirt)
- ✓ Waterproof jacket
- ✓ Warm baselayer
- ✓ Headlight
- ✓ Toothbrush, toothpaste, shower gel
- ✓ Microfiber towel
- ✓ Slippers
- ✓ Powerbank
- ✓ Suncream and mosquito spray

It is possible to keep your main luggage at our agency in the city center of Chiang Mai during the trip. A bathroom is also available to allow you to have a shower after the trip.

# RATES & BOOKING

**THB 5'750 PER PERSON**

Includes

- ✓ All transfers
- ✓ 2 days of trekking with a guide
- ✓ All meals, drinks and snacks for 2 days
- ✓ Accommodation in a hill-tribe village
- ✓ Mattress, sheets, blanket and pillow provided for the night
- ✓ National Park fees
- ✓ Insurance

*Price doesn't include alcoholic beverage and personal food*

## PAYMENT

50% deposit for registration / 50% in cash before trip

- ✓ Transfer (at your charge)  
Mountain Trail (Thailand) Co., Ltd.  
Bangkok Bank – Kad Suan Keaw branch  
Swift: BKKBTHBK / Account number: 531-302-2005
- ✓ PayPal (at our charge)  
Mountain Trail (Thailand) Co., Ltd.  
Email: [contact@tmt-trail.com](mailto:contact@tmt-trail.com)

*Deposit non refundable for any cancellation*

The logo for TMT Trekking features the letters 'TMT' in a stylized, blocky green font. The 'T' and 'M' are connected, and the 'T' has a small orange triangle at its base. To the right of 'TMT', the word 'TREKKING' is written in a bold, black, sans-serif font. A thin horizontal line is positioned below the logo.

# TMT TREKKING

THE KAREN LAND OF RICE

A wide-angle landscape photograph showing a series of terraced rice fields on a hillside. The fields are filled with golden-brown rice, and the terraces are separated by dark, earthen walls. In the background, a village with several houses is visible, surrounded by lush green trees. The sky is overcast with grey clouds, and a layer of mist or fog hangs over the valley, partially obscuring the distant hills. The overall scene is peaceful and scenic.

Discover the beautiful Karen areas and spend the night in their village